

2010 Short Course Senior State Championships
March 18-21, 2010
Event Order

Session I – Thursday, March 18, 2009

Timed Finals – Warm-up: 3:00 pm / Meet Start: 4:00 pm

Women's Event #	Event	Qualifying Time	Men's Event #
1	1000 Free*		2
2	200 Free Relay#		4

* The 1000 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 3:30 pm in order to swim the event. Events will be swum fastest to slowest, alternating women and men.

Session II – Friday, March 19, 2009

Finals – Warm-up: 4:00 pm / Meet Start: 5:00 pm

Women's Event #	Event	Men's Event #
7	50 Back	8
9	100 Free	10
11	200 Breast	12
13	100 Fly	14
15	500 Free**	16

** The 500 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30 am in order to swim the event.

Session III (finals) – March 19, 2009

Finals – Warm-up 4:00 pm / Meet Start: 5:00 pm

Women's Event #	Event	Men's Event #
5	200 Medley Relay#	6
7	50 Back	8
9	100 Free	10
11	200 Breast	12
13	100 Fly	14
15	500 Free	16
17	400 Free Relay#	18

Relay events are pre-entered, timed final events swum during the finals session only

Session IV – Saturday, March 20, 2009

Preliminaries – Warm-up: 7:30am / Meet Start: 9:00 am

Women's Event#	Event	Men's Event #
19	50 Fly	20
21	200 Free	22
23	100 Breast	24
25	200 Back	26
27	400 IM***	28

*** The 400 IM will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30 am in order to swim the event.

Session V (finals) – Saturday, March 20, 2009

Finals – Warm-up 4:00 pm / Meet Start: 5:00 pm

Women's Event #	Event	Men's Event #
15	50 Fly	20
21	200 Free	22
23	100 Breast	24
25	200 Back	26
27	400 IM	28
29	800 Free Relay#	30

Relay events are pre-entered, timed final events swum during the finals session only.

Session VI – Sunday, March 21, 2009

Preliminaries – Warm-up: 7:30 am / Meet Start: 9:00 am

Women's Event #	Event	Men's Event #
31	50 Breast	32
33	50 Free	34
35	200 Fly	36
37	100 Back	38
39	200 IM	40
41	1650 Free****	42

**** The 1650 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30 am in order to swim the event. The fastest seeded heat swims in the finals session. (Proof of Time is required to be seeded in the fastest heat.) All other heats swim in the preliminary session, fastest to slowest, alternating women and men.

Session VII (finals) – Sunday, March 21, 2009

Finals – Warm-up 4:00 pm / Meet Start: 5:00 pm

Women's Event #	Event	Men's Event #
31	50 Breast	32
33	50 Free	34
41*	1650 Free	36
35	200 Fly	38
37	100 Back	40
	1650 Free	42*
39	200 IM	44
43	400 Medley Relay#	44

*The top heat of the womens 1650 Free will be swum after the 50 freestyle (event 34) in the finals session. The top heat of the men's 1650 free will be swum after the 100 back (event 38).
 # Relay events are pre-entered, timed final events swum during the finals session only.

\$6.00 per event
 \$5.00 per swimmer

Entries due by
Monday March 8th

Meet Location:

Kind Jr High
 (where State HS was)
 MESA